Everest Expedition 8848m

Standard Iterinary

South Col Everest Expedition Itinerary:

Day 01: Kathmandu

Arrival in Kathmandu 1350m/4428ft. Airport pickup by a representative of Himalayan Nepal Trek and transfer to hotel on BB plan.

Day 02: Preparation

Preparation, Briefings at Departments of Tourism, Last minute shopping. Overnight at Hotel on BB plan.

Day 03: Phakding

Flight from Kathmandu to Lukla; Trek to Phakding 2610m 4 hours. Overnight Lodge.

Day 04: Namche Bazaar

Trek from Phakding to Namche Bazaar through colorful Khumbu villages 3440m 6 hours. Overnight at Lodge.

Day 05: Namche Bazaar

Rest day for acclimatization; you will be on a hike to the famous Everest View Hotel 3800m 3 hours to catch a glimpse of Everest; explore Hilary and Sherpa museum at Namche. Overnight at Lodge.

Day 06: Tyangboche

Trek from Namche Bazaar to Tyangboche 3860m 5/6 hours visit significant Buddhist monastery. Overnight at Lodge.

Day 07: Dingboche

Trek from Tyangboche to Dingboche 4350m 4/5 hours. Overnight at Lodge.

Day 08: Chhukung-Ri

Acclimatization in Dingboche 4350m hiking up to Chhukung-Ri back to Dingboche. Overnight at Lodge.

Day 09: Lobuche

Trek from Dingboche to Lobuche 4900m 5/6 hours. Overnight at Lodge.

Day 10: Gorakshep

Trek from Lobuche to Gorakshep 5170m 3 hours. Overnight at Lodge.

Day 12: Kalapathar

Morning hike to Kalapathar 5554m after breakfast Trek from Gorakshep to Everest Base Camp 5200m 2 hours. Overnight at a Tented camp

Day 13-54:

Climbing period Summit Everest 8,848.86m/ 29,032ft.

Day 55: Dingboche

Return preparation, trek from Everest Base Camp to Dingboche 4350m 4 hours. Overnight at Lodge.

Day 56: Tengboche

Trek from Dingboche to Tengboche 3860m 4 hours. Overnight at Lodge.

Day 57: Namche Bazaar

Trek from Tengboche to Namche Bazaar 3440m 4 hours. Overnight at Lodge.

Day 58: Lukla

Trek from Namche Bazaar to Lukla 2840m7 hours. Overnight at Lodge.

Day 59: Kathmandu

Early morning flight to Kathmandu, transfer to hotel. Evening farewell dinner in a typical Nepali cultural restaurant. Overnight at Hotel on BB plan.

Day 60: Departure

Departure from Kathmandu to your onward destination our representative will assist you to the airport for your further destination ahead.

Includes and Excludes

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- 4 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 nights hotel in Kathmandu 5* Marriott Hotel single room on bed and breakfast plan.
- Welcome Dinner in a Nepali cultural dance restaurant with office Staff.
- Assistance for cargo clearance in Nepal Customs, clearance cost is subject to a charge.
- Expedition Royalty and a permit fee from the Nepal Government to climb Mt. Everest, Sagarmatha National Park, and Pasang Lhamu Rural Municipality entry permit and fee.
- Icefall climbing charge to (SPCC) Sagarmatha Pollution Control Committee.
- 1 Government Liaison officer with full equipment, salary, and accommodation.
- Stool Shipment Transfer & Garbage Deposit fees.
- Medical & Emergency rescue Insurance for all involved Nepalese staff during the trek and expedition.
- Trekking and climbing map.
- One Himalayan Nepal Trek Duffel Bag.
- Fly from Kathmandu / Lukla and while returning Lukla / Kathmandu, as per the itinerary.
- All necessary expedition equipment transportation for all Members and Staff from Kathmandu to Lukla by air cargo to Base camp by Porters / Yak / While returning: Base camp to Lukla by porters / Yak and Lukla to Kathmandu by air cargo Based on the condition expedition staff may transfer by land Kathmandu/Phaplu or Heli Kathmandu/Lukla
- Up to 60 Kg per member for personal baggage during the trek to be carried by porters or Yaks.
- 3 meals a day Breakfast, Lunch, and Dinner; including tea and coffee along with accessible accommodation at Hotel/Lodge during the trek and at the Base Camp Hygienic and fresh green vegetables, fresh meat, fruits, soft drinks, and juice will be served regularly during the entire expedition, Well-managed base camp set up for members & Staff.
- 1 Porter per member up to the Base Camp and from the Base Camp (both ways).
- Experienced and well-trained Base Camp Cook & Kitchen Helpers.

- All Nepalese staff & porter's daily wages, salary, equipment, food, and clothing.
- Each member will have an individual north-face tent in Base Camp.
- Single Tent, foam mattresses and pillow per member, 1 Dinning Tent, 1 Kitchen Tent, 1 Toilet & 1 Shower Tent, 1 Staffs Tent, 1 Tent for Nepalese base camp staff, Store tents, Tables & chairs & all necessary cooking gear.
- Heater at Base Camp in Dining.
- 1 Solar panel and Generator for lights at base camp, battery charge, for laptop and other electronic devices.
- Twice Medical checkup of each climber at the base camp before the summit attempt.
- Oxygen, Mask Regulator, Ice wall, and Ladder training at Base Camp by Gide and Sherpa.
- 1 veteran and government-licensed climbing Sherpa per member 1 Member: 1 Sherpa during the entire climb from Base Camp to the summit and back, and on each rotation.
- Climbing Sherpa to assist in carrying your gear to the high camps.
- Climbing Sherpa's Salary, Equipment, Food, and Clothing.
- Carry Bonus of Sherpas and Route Fixing Charges.
- Summit Oxygen cylinder: 5 oxygen bottles (4 liters) for each member and 3 oxygen bottles for each high-altitude Sherpa.
- 1 Set of Summit Oxygen masks & regulators for each member and Sherpa.
- BACK-UP Oxygen Cylinder, mask, and regulator (with appropriate charge).
- High Altitude Tent, Necessary cooking EPI gas, cooking pot, High food for a member, Sherpa, and other crews at (C1) (C2) (C3), and (C4). Group climbing gears, fixed, and dynamic rope during the climbing period as required.
- Will have one cook, kitchen, and dining tents in Camp I and Camp II.
- Members will share tents in high camps 2 members: 1 tent.
- The team of experienced Sherpas will fix the route to the summit of Everest no extra charge will be applied to members.
- SATELLITE PHONE: emergency communication carried by Sherpa, is also available for members with appropriate charge.
- Walkie-Talkie for communicating from Base Camp to Mountain and Mountain to Base Camp.
- Satellite Phone: walkie-talkie permit for all members and staff.
- Internet facility: 1 Mbps will be available at the Base Camp subject to a charge.
- Weather forecast reports regularly from Meteotest, Bern Switzerland during the entire expedition.
- Comprehensive Medical kit for members and staff.

- Everest Climbing certificate issued by the Ministry of Culture, Tourism and Civil Aviation (Nepal) (after climbing Mt. Everest successfully).

Excludes

- International flight airfare (from and to Kathmandu).
- The Nepalese Visa fee is USD 125 for 90 Days.
- Lunch & dinner during the stay in Kathmandu (also in case of early return from Trekking / Expedition than the scheduled itinerary).
- Extra nights' accommodation in Kathmandu in case of early arrival or late departure, early return from Trekking / Expedition, or domestic flight cancellation (due to any other reason) than the scheduled itinerary.
- Insurance covering both medical and high-altitude evacuation costs (for the trip cancellation, interruption, high-altitude rescue & air evacuation, medical treatment, repatriation, etc.) *Mandatory.
- Telephone Calls, Internet, Toiletries, battery recharge, hot shower, laundry, soft drinks, beers, and any Alcoholic beverages (during the trek and in Kathmandu but we will have soft drinks for members at base camp).
- Clothing, Packing Items, Bags, Personal Medical kits, and all kinds of Personal Trekking and Climbing Gear.
- Soaps, shampoos, toilet and tissue papers, toothpaste, and other items used to keep yourself clean.
- Special Filming, Camera, and Drone permit fee.
- Summit bonus for climbing Sherpa minimum 1500 USD.
- Calculate some tips for Base Camp and high camp staff a minimum of 400 USD per person.
- Any other services or activities, which are not mentioned in the itinerary and other items not listed in the Cost Includes section.