

# Pethangtse Base Camp Trek

## Standard Itinerary

### Pethangtse Base Camp Trek

Day 01: Arrival in Kathmandu 1350m | 4428ft. Airport pickup by a representative from Himalayan Nepal Trek and transfer to hotel on BB plan

Day 02: Fly from Kathmandu to Tumlingtar 45 minutes and drive to Num (1505m.|4937ft.) 3 hours. Overnight at lodge.

Day 03: Trek from Num to Seduwa (1530m.|5019ft., 6/7 hours). Overnight at lodge.

Day 04: Trek to Tashi Gaon (2065m.|6774ft. 5 hours). Overnight at lodge.

Day 05: Trek to Khongma danda (3562m.|11686ft., 6/7 hours). Overnight at lodge.

Day 06: Trek from Khongma danda to Dobate (3550m.|11646ft. 6/7 hours). Overnight at lodge.

Day 07: Trek from Dobate to Yangle Kharka (3610m.|11843ft., 5/6 hours). Overnight at lodge.

Day 08: Trek from Yangle Kharka to Langmale Kharka (4510m.|14796ft. 7/8 hours). Overnight at lodge.

Day 09: Trek from Langmale Kharka to Makalu Base Camp (4870m.|15977ft. 6/7 hours). Overnight at lodge.

Day 10: Explore the Makalu Base Camp (4870m.|15977ft.). Overnight at lodge.

Day 11: Trek from Makalu Base Camp to Pethangtse Base Camp (5300m.|17388ft) 7/8 hours). Overnight at tent.

Day 12: Acclimatization day and exploration around base camp. Overnight at tent.

Day 13: Trek from Pethangtse Base Camp to Makalu Base Camp (4870m.|15977ft. 6/7 hours). Overnight at lodge.

Day 14: Trek back to Yangle Kharka (3610m.|11843ft. 6/7 hours). Overnight at lodge.

Day 15: Trek from Yangle Kharka to Dobate (3550m.|11646ft., 6 hours). Overnight at lodge.

Day 16: Dobate to Khongma Danda/ Danda Kharka (3562m.|11686ft., 6/7 hours). Overnight at lodge.

Day 17: Khongma danda to Seduwa (1530m.|5019ft., 6/7 hours). Overnight at lodge.

Day 18: Trek and Drive to Tumlingtar (518m.|1699ft. 7/8 hours). Overnight at tented camp.

Day 19: Early morning flight to Kathmandu and transfer to hotel, Evening farewell with cultural dance and in a typical Nepali restaurant. Overnight at Hotel on BB plan

Day 20: Departure from Kathmandu to your onward destination our representative will assist you to the airport for your further destination.

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## **Includes and Excludes**

### **Includes**

- 4 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 2 Night 3\* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- Domestic flight from Kathmandu to Tumlingar airport guest and guide
- Domestic flight from Tumlingtar to Kathmandu airport guest and
- Staff transportation Kathmandu/Num /Num/Kathmandu.
- Accommodation: Hotel, Lodge. And tented camp as per the itinerary North face tent for guests, dining tent, kitchen tent, toilet tent, mattress, kitchen equipment, camping crew, etc. during camping
- Twin-sharing accommodation during the trek
- Experienced English-speaking local guide (Trained and licensed holder by the government of Nepal) and other languages as per the participant's preference
- Necessary Porter: porter carries 25kg only.
- All Government local tax Makalu Bharun national park entry permit and TIMS card).
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.

- Duffel bag during the trek.
- Company t-shirt.
- Route map.
- Staffs medical insurance during the trek.

## **Excludes**

- Lunch and dinner in Kathmandu.
  - Participants trekking equipment and any type of personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
  - Emergency rescue and travel Insurance (most required factor in high altitude trek).
  - Trip cancellation cost, loss, damage, and personal effects.
  - Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
  - Tips and gratuities for the staffs.
  - Emergency rescue and travel Insurance (most required factor in high altitude trek)
  - Trip cancellation cost, loss, damage, and personal effects.
  - Tips and gratuities for the staff.
  - Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.
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