

Thorong Peak Climbing

Standard Itinerary

Thorong Peak Climbing Itinerary:

Day 01: Katmandu

Arrival at Katmandu airport 1310m, welcomed by Himalayan Nepal Trek and direct transfer to Hotel with Bed & Breakfast plan.

Day 02: Chame

Drive from Kathmandu to Besisahar 186 km again drive by local jeep to Chame 8/9 hours. Overnight at Lodge.

Day 03: Pisang

Trek from Chame to Pisang 3,300m 5/6 hours. Overnight at Lodge.

Day 04: Manang

Trek to Manang 3519m 5/6 hours. Overnight at Lodge.

Day 05: Manang

Rest day acclimatization around Manang. Overnight at Lodge.

Day 06: Yak Kharka

Trek from Manang to Yak Kharka 4120m 5 hours. Overnight at Lodge.

Day 07: Thorog High Camp

Trek to Thorog High Camp 4800m 5 hours. Overnight at Lodge.

Day 08: Base Camp

Trek to Thorung Peak Base Camp 5416m 4/5 hours. Overnight at tent.

Day 09: Base Camp

Rest for Preparation Climbing 5416m. Overnight at tent.

Day 10: Muktinath

Climb to Thorung Peak summit 6042m then Down to Muktinath 3760m 8/9 hours. Overnight at Lodge.

Day 11: Jomsom

Trek to Jomsom 2720m 5/6 hours. Overnight at Lodge.

Day 12: Pokhara

Flight to Pokhara which takes 25 minutes. Sightseeing in Pokhara. Overnight in a hotel with BB plan.

Day 13: Kathmandu

Drive to Kathmandu 200 km by tourist bus guest and guide. Evening farewell dinner in a Nepali cultural dance restaurant. Overnight at hotel on BB plan.

Day 14: Departure

Departure from Kathmandu to your onward destination our representative will drop you at the airport for your further destination ahead.

Includes and Excludes

Includes

- 2 Times airport pick up and drops (domestic and international) Car, Van, Hi-ace, or Coaster in a standard private vehicle.
- 3 Times food per day during the trek. Breakfast, Lunch, and Dinner including tea or coffee.
- 2 Night 3* star label hotel in Kathmandu on BB plan (on twin sharing basis).
- 1 Night 3* star label hotel in Pokhara on BB plan (on twin sharing basis).
- Drive by public van from Kathmandu to Besishar 186 km and again drive by public jeep to Chame guest and guide (optional: private vehicle as per participant's preference).

- Drive to Kathmandu 200 km by tourist bus guest and guide (optional: flight to Kathmandu or private vehicle as per participants preference).
- Flight fare Jomsom/Pokhara guest and guide.
- Staff transportation Kathmandu/Chame/Jomsom/Kathmandu.
- Twin-sharing accommodation during the trek (guest house/tea house and lodge, tented camp).
- Experienced English-speaking trekking and climbing guide (Trained and licensed holder by the government of Nepal).
- Assistance climbing Sherpa 5:1 during the climbing period.
- North face tent for guests, dining tent, kitchen tent, toilet tent, and mattress.
- Climbing equipment's ice screw, rope, ice axe, screw gate, karabiners (2 locks, 2 unlock), and snow bar.
- Necessary Porter 2:1 (one porter for two guests) porter carries 25kg.
- All Government and local Taxes.
- Peak climbing permit from Nepal Mountaineering Association (NTB).
- Annapurna conservation area project entry permits (ACAP).
- Trekking Information Management System (TIMS card).
- First aid and equipment for a porter for the extreme adventure route.
- Guide and porter salary as per the company policy and government rules.
- Facilities to store your stuff at a hotel in Kathmandu.
- Duffel bag during the trek, company t-shirt, route map.
- Staffs medical rescue insurance during the trip.

Excludes

- Participants' trekking equipment and any type of personal expenses such as alcoholic beverages, phone, battery charging, hot shower, hot/mineral water, and laundry.
- Extra porters if guests are required.
- Emergency rescue and travel Insurance (most required factor in high altitude trek).
- Trip cancellation cost, loss, damage, and personal effects.
- Entrance fees for temples, monasteries, and museums during sightseeing and trekking.
- Tips and gratuities for the staff.
- Additional overnight stays cost at any place (due to any reason) except for mentioned itinerary.